

Brookings Prairie Polar Blast ISI Competition

Saturday, February 22 - Sunday, February 23, 2025

Larson Ice Center
934 32nd Avenue
Brookings, SD 57006

Dear Coaches, Skaters and Parents,

The Brookings Figure Skating Club and the Larson Ice Center invite you to participate in the 13th Annual Prairie Polar Blast ISI Competition. This event is open to all current members of the Ice Sports Industry (ISI) and will be held February 22 - 23, 2025.

The entry deadline is January 7, 2025

We look forward to seeing you in February!

Sincerely,

Competition Director

Amy Flater

651-762-4867

aflater@whitebearlake.org

BFSC Competition Chair

Shannon Rasmussen

605-690-0105

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Brookings Prairie Polar Blast Competition

The competition is conducted in accordance with the guidelines in the most recent ISI Handbook (2024). Events are offered to skaters Tot - Adult. The competition will include the following events:

- ❖ Tot 1-4 Program
- ❖ Pre-Alpha-Delta Program
- ❖ Solo Compulsory Tot-10
- ❖ Stroking (Pre-Alpha-Freestyle 3)
- ❖ Solo Spotlight (Tot-Freestyle 10)
- ❖ Interpretive (Tot-Freestyle 10)
- ❖ Footwork 1-10
- ❖ Freestyle 1-10 Program
- ❖ Open Freestyle (Bronze, Silver, Gold, Platinum)
- ❖ Rhythmic Skating (Freestyle 1-10)
- ❖ Artistic Skating (Freestyle 1-10)
- ❖ Couples Spotlight (Tot-Freestyle 10)
- ❖ Jump & Spin Team (Low, Bronze, Silver, Gold, Platinum)
- ❖ Family Spotlight
- ❖ Ensemble Team
- ❖ Team Compulsory
- ❖ Production Team

All skaters must be current ISI members. Competition director will determine age groupings dependent on the number of applications. Skaters will be grouped by age and test level as of Jan. 7, 2025. Whenever possible, there will be divisions for male and female skaters.

EntryEeze will be used for competition entries and for digital music upload.

EntryEeze registration deadline is January 7, 2025. Late entries must include a \$50 late fee.

We reserve the right to decline late entries.

Music Deadline is January 28, 2025.

A \$25 fee will apply to all music uploaded or changed after January 28, 2025.

Entry Fees

First Individual Event	\$90
Each additional Event	\$25
Jump & Spin Event	\$25 per skater (If only event entered \$45 per skater)
Couples Spotlight	\$25 per skater (If only event entered \$45 per skater)
Team Compulsory	\$25 per skater
Ensemble Skater	\$25 per skater
Production Team	\$25 per skater
Theater Production	\$25 per skater
Family Spotlight	\$25 per skater

If the event must be cancelled, refunds will be offered. Refunds WILL NOT be issued for any other reason.

Paper entries will only be accepted if RECEIVED by January 7, 2025 and must include at \$10 processing fee per entry. Paper entries will be returned if all information is not complete, including coach and team liaison signatures. This is for all individual and EACH team entry form.

Checks must be made to Brookings FSC.

Mailing address is:

Brookings Figure Skating Club

PO Box 364

Brookings, SD 57006

info@brookingsfsc.com

Eligibility

All skaters entering the competition must compete at the highest level passed as of January 7, 2025. All tests must be registered with the ISI national office by January 7, 2025. Members of USFS are eligible to compete in accordance with the ISI-USFS Joint Statements Policy if both of the following apply: Skaters are individual members of ISI AND have ISI registered tests, as listed below.

If a USFS skater has passed the Freestyle test below:

Pre-Preliminary
Preliminary
Pre-juvenile/Pre-Bronze
Juvenile/Bronze
Intermediate/Pre-Silver
Novice/Silver
Junior/Pre-Gold
Senior/Gold
Adult Pre-Bronze
Adult Bronze
Adult Silver
Adult Gold

Skater must have may compete in ISI no lower than:

Freestyle 3/Open Bronze
Freestyle 4/Open Silver
Freestyle 4/Open Silver
Freestyle 6/Open Gold
Freestyle 6/Open Gold
Freestyle 8/Open Platinum
Freestyle 8/Open Platinum
Freestyle 8/Open Platinum
Freestyle 2/Open Bronze
Freestyle 3/ Open Bronze
Freestyle 4/Open Silver
Freestyle 5/Open Silver

ISI Open Freestyle Events

USFS skaters who have already passed Pre-Preliminary, Adult Bronze or any high tests and wish to compete in ISI Freestyle events do not need to pass any previous ISI tests. They must have passed the Open Freestyle tests corresponding to their current USFS level which are listed below:

<u>If passed USFS tests:</u>	<u>If passed ISI tests:</u>	<u>Then new Open FS level:</u>
Pre-Preliminary Adult Pre-Bronze Adult Bronze	ISI Freestyle 1 - 3	Bronze Test Level
Preliminary Adult Silver Adult Gold	ISI Freestyle 4 - 5	Silver Test Level
Juvenile/Bronze Intermediate/Pre-Silver	ISI Freestyle 6 – 7	Gold Test Level
Novice/Silver Junior/Pre-Gold Senior/Gold	ISI Freestyle 8 -10	Platinum Test Level

Rules

The most current rules will be in effect for the 2025 Prairie Polar Blast. All Rule Revisions are listed on the ISI website at www.skateisi.com. The 2024 ISI Handbook can be purchased online at www.skateisi.org.

Music, check-in and registration information

All music must be uploaded to EntryEeze by January 28, 2025.
If music is uploaded or changed after January 28, 2025, there will be a \$25 fee.

ISI Judges/Judging

- ❖ Each rink must supply required judging hours.
- ❖ All judges must be current ISI professional members and certified at the Bronze, Silver, Gold or Synchronized Group level.
- ❖ All judges certified prior to August 1, 2024 must have passed the 2024 update test to maintain their certification level.
- ❖ All judges must have and wear a current 2024 - 2025 District 10 Credential.
- ❖ No individual will be allowed to judge an event in which a relative is a participant.
- ❖ An individual can not be a participant and a judge in the same competition.
- ❖ Each team must follow the participation guidelines or the skaters may no be able to compete.

Per ISI District 10 Policy - only credentialed coaches with a valid event credential will be allowed in the skater ready area and put skaters on the ice for events. No one without a valid credential will be allowed in the skater ready area.

Number of events:	Number of Judges	Judging time
1 - 10	1	2 hours
11 - 21	2	4 hours
22 - 32	3	6 hours
33 - 44	4	8 hours
45 - 55	5	10 hours
56 - 66	6	12 hours
67 - 77	7	14 hours
78 - 88	8	16 hours
89 - 100	9	18 hours

Special Notes

Based on entries received for Artistic, Footwork, Interpretive, and Rhythmic events, skaters will be combined into event groups as listed below. Depending on the number of entries, Gold and Platinum may be combined.

Bronze/Freestyle 1 - 3
Silver/Freestyle 4 - 5
Gold/Freestyle 6 - 7
Platinum/Freestyle 8 - 10

Based on the entries received for Spotlight and Couples events, skaters will be combined into event groups as listed below. Depending on the number of entries, Gold and Platinum may be combined.

Low/Tot - Delta
Bronze/Freestyle 1 - 3
Silver/Freestyle 4 - 5
Gold/Freestyle 6 - 7
Platinum/Freestyle 8 - 10

INDIVIDUAL EVENTS

All routines must start from a stationary position. The timing will start when any motion from the skater's starting position is initiated. There will be a 10 second leeway on all programs with set duration times. Judging will stop at 10 seconds over the prescribed time.

TOT 1 – 4 PROGRAM

Skater are to perform a program to music, including all the required compulsory maneuvers from the test level. If necessary, coaches may accompany skaters onto the ice during tot events. Duration: 1 minute

PRE-ALPHA – DELTA PROGRAM

Skaters will execute all required compulsory moves in a program with music. All skaters in Pre-Alpha through Delta must add one additional maneuver from Freestyle 1 to their program. In Delta, the skater has a "choice-of-one," maneuver listed in the manual. This means that only one maneuver should be performed. In case of misinterpretation of "choice-of-one," the performance of the first maneuver will be judged. Duration: 1 minute

FREESTYLE 1 – 10 PROGRAM

All skaters in Freestyle 1 – 10 are not permitted to perform any additional maneuvers from higher test levels. In Freestyle 3, 6, 7 and 8 certain maneuvers are listed under "choice-of-one." This means only one of the maneuvers may be performed. If more than one is performed, only the first maneuver will be judged. Skaters who have only passed Open Freestyle tests are not eligible for Freestyle 1 – 10 levels unless traditional Freestyle test is passed as well.

OPEN FREESTYLE

Skaters can participate in both Open Freestyle and Freestyle 1 - 10. In Open Freestyle there are no required maneuvers, but skaters are limited to the jump elements listed below. Skaters perform any spin at any level.

<u>Event</u>	<u>Level passed</u>	<u>Duration</u>	<u>Maneuver Limitations</u>
Bronze	FS 1 - 3	1.5 minutes	Jumps from FS 3 and below
Silver	FS 4 - 5	2 minutes	Jumps from FS 5 and below
Gold Short	FS 6 - 7	2 minutes	Jumps from FS 7 and below
Gold	FS 6 - 7	3 minutes	Jumps from FS 7 and below
Platinum Short	FS 8 - 10	2 min. 50 sec.	Any maneuvers
Platinum	FS 8 - 10	3 min. 20 sec.	Any maneuvers
Platinum Plus	FS 8 - 10	4 min. 30 sec.	Any maneuvers

STROKING PRE-ALPHA – FREESTYLE 3

Skaters will perform forward stroking in both directions to music selected by the host rink. Judging Criteria will be: Cleanliness of edges, Forward Crossovers, Rhythm, Flexible Skating Knee & Flow, Posture, Free Leg Extension, Proper Push-offs. Crossovers are required on the end pattern and will be judged. There is no warm-up for stroking. Coaches may not assist skaters during the event.

FOOTWORK 1 – 10

Footwork is an event, in which the skaters perform a program to music consisting of original footwork sequences. Footwork programs should be different than the required dance step sequences. Skaters must have passed Freestyle 1 or Dance 1 to compete in Footwork. Skaters must perform at the highest level of Dance or Freestyle. One-half rotation jumps and spins less than three revolutions are permitted. Note: One-Half loop is a full rotation jump and is not allowed, but a One-Half Loop Stop is now listed as an uncaptured maneuver and must land on both toe picks without gliding on the landing. Duration: 1 minute

COMPULSORY TOT 1 – FREESTYLE 10

There is no music for compulsory events. For each Freestyle level, the skater will perform only the 3 maneuvers listed below. Each maneuver may be attempted only once. Additional maneuvers, such as any jump, spin or gliding maneuvers from any test level or any uncaptured moves are not allowed and will result in a 2.0 for attempting illegal maneuvers.

Tot 1	Proper way to fall, Proper way to get up, Marching while moving
Tot 2	Two-foot Jump in Place, Single Swizzle, Beginning Two-Foot Glide
Tot 3	Push and Glide Stroking, Dip, forward Swizzle
Tot 4	Backward Swizzle, Two-foot or One-foot Snowplow Stop, Backward Wiggles
Pre-Alpha	3 Forward Swizzles, Right One-Foot Glide, Left One-Foot Glide
Alpha	Left Forward Crossover, Right Forward Crossover, One-foot snowplow Stop
Beta	Backward Stroking, Left T-Stop, Right T-Stop
Gamma	Right Forward Outside 3-Turn, Right Forward Inside Mohawk Combination, Hockey Stop
Delta	Left Forward Inside 3-turn, Lunge, Forward Outside Edges (4)
Freestyle 1	Forward Spiral, Two-foot Spin, Waltz Jump
Freestyle 2	Ballet Jump, ½ Lutz, One-foot Spin
Freestyle 3	Salchow Jump, Change Foot Spin, Toe Loop or Toe Walley
Freestyle 4	Loop Jump, Sit Spin, Flip Jump
Freestyle 5	Lutz, Camel Spin, Axel
Freestyle 6	Split Jump, Double Salchow, Spin Combination (3 positions & change of foot)
Freestyle 7	Double Toe Loop, 2 Walleys in Sequence, Flying Camel
Freestyle 8	Camel-jump-camel Spin, Double Loop Jump, Split Lutz
Freestyle 9	Double Lutz, Axel-Double Loop Combination, Flying Camel spin into Jump Sit Spin

Skaters who have only passed an ISI Open Freestyle Test must compete in Solo Compulsory as follows:

Bronze - Freestyle 3

Silver - Freestyle 5

Gold - Freestyle 7

Platinum - May choose any FS 8 - 10 level to enter

TOT – FREESTYLE 10 SOLO SPOTLIGHT

Skaters may choose to enter one or more of the following categories, but different programs must be performed if entering more than one category.

Character – the skater portrays a famous, easily recognizable character.

Light Entertainment – the skater performs a light hearted, vaudeville type program.

Dramatic – an artistic, theatrical performance to create a mood that is enhanced by the style, creativity, costume and props.

<u>Event</u>	<u>Level passed</u>	<u>Duration</u>	<u>Maneuver Limitations</u>
Tot - Delta	Tot - Delta	1 minutes	FS 1 and below
Bronze	FS 1 - 3	1.5 minutes	FS 4 and below
Silver	FS 4 - 5	1.5 minutes	FS 6 and below
Gold	FS 6 - 7	2 minutes	Any maneuvers
Platinum	FS 8 - 10	2 minutes	Any maneuvers

INTERPRETIVE PRE-ALPHA – FREESTYLE 10

In this event, the skater interprets a piece of music, which is heard for the first time just prior to the event. Handheld props are not allowed. Skaters are not allowed to receive communication from instructors, parents, friends, skaters or anyone else during this event.

<u>Event</u>	<u>Level passed</u>	<u>Maneuver Limitations</u>
Low	Pre-Alpha - Delta	FS 1 and below
Bronze	FS 1 - 3	FS 4 and below
Silver	FS 4 - 5	FS 6 and below
Gold	FS 6 - 7	Any maneuvers
Platinum	FS 8 - 10	Any maneuvers

ARTISTIC SKATING 1 – 10

There are no required maneuvers in Artistic Skating, but there are limitations. Emphasis must be placed on the creative and innovative design of a skating program. Strong edges, body positions, flow, music interpretation, rhythm, choreography and artistry should focus. Props are not allowed. A costume becomes a prop when it is detached or when it is detached using the hands. Technical merit is not judged.

<u>Event</u>	<u>Level passed</u>	<u>Duration</u>	<u>Maneuver Limitations</u>
Bronze	FS 1 - 3	1.5 minutes	FS 4 and below
Silver	FS 4 - 5	1.5 minutes	FS 6 and below
Gold	FS 6 - 7	2 minutes	Any maneuvers
Platinum	FS 8 - 10	2 minutes	Any maneuvers

RHYTHMIC FREESTYLE 1 – 10

Rhythmic Skating is an entertaining routine using a hoop, ball or ribbon. The skater must maintain control of the prop at all times. The prop may leave the skater's hand as long as control is maintained (i.e. ball can be bounced or thrown, hoop can be spun, ribbon can be tossed, but the prop can not be left lying stationary on the ice.

Props will not be allowed on the warm-up.

- ❖ Hoop – Wood or plastic. It must be rigid, non-bending material. Hoop can have colored tape or fabric, but cannot have any other decoration (i.e. fringe, ribbon, etc.) on the prop. The diameter must be 2'7" – 2'11"
- ❖ Ball – Rubber or plastic material with a diameter 7 ¾"
- ❖ Ribbon – Ribbon stick must be made of wood, plastic, or fiber glass and be 20"-30" long. The ribbon must be satin or a non-starched fabric and be 2" – 4" wide and 6 – 9' long.

<u>Event</u>	<u>Level passed</u>	<u>Duration</u>	<u>Maneuver Limitations</u>
Bronze	FS 1 - 3	1.5 minutes	FS 4 and below
Silver	FS 4 - 5	1.5 minutes	FS 6 and below
Gold	FS 6 - 7	2 minutes	Any maneuvers
Platinum	FS 8 - 10	2 minutes	Any maneuvers

PARTNER AND TEAM EVENTS

COUPLES SPOTLIGHT

Two skaters together perform a routine that is entertaining, emotional or portraying characters using costumes and props (optional). Uncaptured pair or adagio style lifts and any overhead carry lifts are only allowed at Couples Spotlight High. This event is divided into low, Bronze, Gold and Platinum.

SKATERS MAY ONLY ENTER ONE COUPLES SPOTLIGHT EVENT!

<u>Event</u>	<u>Level passed</u>	<u>Duration</u>	<u>Maneuver Limitations</u>
Low	Tot - Delta	1 minute	FS 1 and below
Bronze	FS 1 - 3	1.5 minutes	FS 4 and below
Silver	FS 4 - 5	1.5 minutes	FS 6 and below
Gold	FS 6 - 7	2 minutes	Any maneuvers
Platinum	FS 8 - 10	2 minutes	Any maneuvers

JUMP & SPIN TOT – FREESTYLE 10

A Jump & Spin team consists of any two skaters competing in the same category level, but they do not have to be at the same test level. Category entered must be the higher of the two skater's test level. Only the technical accuracy of the maneuver is judged, not the difficulty.

<u>Event</u>	<u>Level passed</u>	<u>Skater 1</u>	<u>Skater 2</u>
Low	Tot - Delta	2 Foot Hop or Bunny Hop	2 Foot Spin
Bronze	FS 1 - 3	½ Flip or Toe Loop	2 Foot or 1 Foot Spin
Silver	FS 4 - 5	½ Loop or Axel	Sit Spin or Back Spin
Gold	FS 6 - 7	Dbl. Salchow or Dbl. Toe Loop	Layback or Flying Camel spin
Platinum	FS 8 - 10	Dbl. Loop or Dbl. Lutz	Flying Sit or Camel-Jump-Camel Spin

FAMILY SPOTLIGHT

Two or more related family members only, of any age and ability, perform an entertainment based program. Costumes and props are encouraged to help illustrate the act. All participants must wear skates. There are no required elements and no technical score. Any skating maneuvers can be performed at any level.

Duration: 1.5 minutes

ENSEMBLE TEAM

This event is open to groups of 3 - 7 skaters of all levels and ages. Skaters will be judged on the entertainment and performance value of the program. Elaborate costumes and props are encouraged to enhance the performance. There are no required maneuvers and no technical score. Any maneuvers can be performed at any level. There is no limit on exit time for Ensemble Teams. Skaters may skate on more than one team, but must be able to change costumes during ONE team performance. Duration: 3 minutes

TEAM COMPULSORY FREESTYLE 1 – 10

Skaters are not permitted to skate below their test level registered at the ISI National Office. Any skaters may skate over the level registered (i.e. a Freestyle 3 skater may skate on a Freestyle 5 team, but may not skate on a Freestyle 1 team). Individual skaters may skate on more than one team as long as they are not on two teams at the same level. The team must perform their program to music with all required maneuvers performed in order, as listed in the ISI Handbook. When choreographing a Team Compulsory routine, make sure each skater performing his/her required maneuver is highlighted and easily seen by the judges.

Duration: 3.5 minutes.

PRODUCTION TEAM

This category is for your entire skating team. Skaters of all ages and ability level can participate. Production teams consist of 8 or more skaters. Performance should be a lavish creative, artistic work marked by extreme freedom of style and structure, using costumes and props to illustrate the number. All types of skating maneuvers are allowed. All participants must wear skates. Duration: 4.5 minutes

Prairie Polar Blast - Feb. 22 – 23, 2025
Larson Ice Center 934 32nd Ave, Brookings, SD 57006
Individual Entry Form

Name _____ Birthdate _____ Sex _____
Email _____ Phone _____
Address _____ City, State, Zip _____
Highest ISI Test Passed _____ Highest Ice Dance Test passed _____
ISI # _____ Exp. Date _____ Home rink _____
Highest USFS Freestyle Test Level _____ Are you an active member who has competed at
or above the Silver Level at any USFS National Championship within the last two years? ___ Yes ___ No

EVENT LEVEL

___ Tot Compulsory
___ Tot Program

TOT 1 – 4, PRE-ALPHA – DELTA EVENTS

___ Character Spotlight ___ Pre-Alpha - Delta Program
___ Light Entertainment Spotlight ___ Pre-Alpha - Delta Stroking
___ Dramatic Spotlight ___ Pre-Alpha - Delta Interpretive

EVENT LEVEL

___ Freestyle Program
___ Character Spotlight
___ Light Entertainment Spotlight
___ Dramatic Spotlight
___ Interpretive
___ Footwork

FREESTYLE 1 – 10 EVENTS

___ Artistic ___ Open Bronze
___ Rhythmic Hoop ___ Open Silver
___ Rhythmic Ball ___ Open Gold Short
___ Rhythmic Ribbon ___ Open Gold
___ Solo Compulsory ___ Open Platinum Short
___ Stroking FS 1 - 3 ___ Open Platinum
 ___ Open Platinum Plus

PARTNER EVENTS

Jump and Spin

___ Low (Tot-Delta) ___ Bronze(FS 1-3) ___ Silver(FS 4-5) ___ Gold(FS 6-7) ___ Platinum(FS 8-10)
Partner's Name _____ ISI number _____

Couples Spotlight

___ Low (Tot-Delta) ___ Bronze(FS 1-3) ___ Silver(FS 4-5) ___ Gold(FS 6-7) ___ Platinum(FS 8-10)
Partner's Name _____ ISI number _____

Entry Fees *Checks payable to BFSC received by Jan. 7, 2025

First Event	\$90	
Each Additional Event	\$25	# of Individual events _____
Partner Additional Event	\$25	# of partner events _____
Partner ONLY Event	\$45 (each skater if only event for both)	
Paper Processing Fee	\$10	
Late Fee (RECEIVED after 1/7/2025)	\$50	
		Total Fee \$ _____

Parent and Skater Verification Date _____

I skate at this competition at my own risk, I release ISI, Brookings FSC, their personnel, and Larson Ice Center from all liability. Skater Signature _____ Parent Signature _____

Coach Name _____ ISI # _____ Certification Level _____
Coach Phone _____ Coach email _____
Coach Signature _____
Team Liaison Name _____ ISI # _____ Certification Level _____
Team Liaison Signature _____ Team Liaison email _____

Prairie Polar Blast - Feb. 22 – 23, 2025

Larson Ice Center

934 32nd Ave

Brookings, SD 57006

Family Spotlight, Team Compulsory, Ensemble, Production

All events \$25 per skater

Entry Form (One per team)

Name of Group _____ Home rink _____

Coach _____ Coach email _____

Coach ISI # _____ Coach Certification Level _____ Coach phone # _____

Team Liaison Name _____ Team Liaison ISI # _____ Certification Level _____

Team Liaison Signature _____

____ Family Spotlight (Enter names and ISI numbers below)

____ Team Compulsory Level (Enter level, skater names and ISI numbers below)

____ FS 1 ____ FS 2 ____ FS 3 ____ FS 4 ____ FS 5 ____ FS 6 ____ FS 7 ____ FS 8 ____ FS 9 ____ FS 10

____ Ensemble

____ Production

Total Number of skaters _____ X \$25 each skater = \$ _____

Paper Entry Fee (must be RECEIVED by 1/7/25) \$ 10

Late Fee (if RECEIVED after 1/7/25) \$ 50

Total Payment \$ _____

1. Skater name _____ ISI # _____ Birthdate _____

2. Skater name _____ ISI # _____ Birthdate _____

3. Skater name _____ ISI # _____ Birthdate _____

4. Skater name _____ ISI # _____ Birthdate _____

5. Skater name _____ ISI # _____ Birthdate _____

6. Skater name _____ ISI # _____ Birthdate _____

7. Skater name _____ ISI # _____ Birthdate _____

8. Skater name _____ ISI # _____ Birthdate _____

9. Skater name _____ ISI # _____ Birthdate _____

10. Skater name _____ ISI # _____ Birthdate _____

11. Skater name _____ ISI # _____ Birthdate _____

12. Skater name _____ ISI # _____ Birthdate _____

13. Skater name _____ ISI # _____ Birthdate _____

14. Skater name _____ ISI # _____ Birthdate _____

15. Skater name _____ ISI # _____ Birthdate _____

16. Skater name _____ ISI # _____ Birthdate _____

17. Skater name _____ ISI # _____ Birthdate _____

18. Skater name _____ ISI # _____ Birthdate _____

19. Skater name _____ ISI # _____ Birthdate _____

20. Skater name _____ ISI # _____ Birthdate _____